

# Annual Report 2022-23



**Institute of Social Development (ISD)**

**Kichha, Udham Singh Nagar, Uttarakhand**

### **Introduction of the Organization**

- Institute of Social Development (ISD) is a social organization registered under Indian Societies Registration Act 1860 on 18th August 2005 in Udham Singh Nagar district of Uttarakhand state in India. Organization is actively working in the villages that faced the most difficulties in accessing Government services and suffering from lack of health services, education, livelihood opportunities, drinking water and sanitation facilities. The organization is working for improving health and nutritional status of pregnant and lactating mothers and children, girl's education, woman empowerment, skill development Training, environmental sensitization and tree plantation, drinking water and its management, sanitation, delivering technical knowledge of progressive farming to the farmer.

### **Vision**

- Healthy and productive human resources that contributes to Economic Growth and National Development.

### **Mission**

- We promote and support for better understanding and create opportunities for strengthens human qualities.

### **Our Objectives**

- To aware about rights and work for betterment of BPL Families and qualitative changes in their lifestyle.
- To aware the community about Prohibition of Female Feticide.
- To work for Population Control.
- To work for women empowerment (Health, Education, income generation and Rights)
- To work for all round development of children.
- To implement the activities for rural development (Drinking water, Sanitation, Road, Houses, Agriculture, income generation etc.)
- To conduct water conservation programs.
- To work for human resource development.
- To work for Indian art & Culture.
- To create awareness about HIV/AIDS & other communicable Diseases and implement training programs.
- To conduct Survey & Research work.

## Our Presence



Uttarakhand- Udham Singh Nagar, Champawat, Nainital, Pithoragarh



## 1. Health Interventions

**Geographical Area-** Udham Singh Nagar, Nainital

**Target Community-** General Community, Underweight children, Pregnant and lactating mothers, Adolescent girls, Injecting drug users, Commercial sex workers and MSM community, Self Help Groups, Swasthya evam Swachhata Prahari Samiti.

**Lives touched-23500**

### A. Prevention of HIV/AIDS-

Targeted Intervention Project implemented by Institute of Social Development at Sitarganj block of Udham Singh Nagar district and in Haldwani of Nainital district. This project is funded by Uttarakhand State AIDS Control Society and National AIDS control Organization (NACO), GoI. The main objective of the project is to prevent STI, HIV/AIDS among FSW, MSM and injecting drug (IDUs) and their partners. Counseling services provided to the High Risk Groups and their partners for HIV, VDRL, ART and TB testing. HIV positive HRGs identified and referred for ART services. Health check up camp and IEC/BCC events organized for the target community. Intravenous drug users, female sex worker and man having sex with man (MSM) typology served under the program.



### B. Health and Nutrition Initiatives-

#### B.(i) Addressing Malnutrition

Malnutrition indicates that children are either too short for their age or too thin. Children whose height is below the average for their age are considered to be stunted. Similarly, children whose weight is below



the average for their age are considered thin for their height is wasted. Together, the stunted and wasted children are considered to be underweight – indicating a lack of proper nutritional intake and inadequate care post childbirth. Malnutrition affects chances of survival for children, increases their susceptibility to illness, reduces their ability to

learn, and makes them less productive in later life. It is estimated that malnutrition is a contributing factor in about one-third of all deaths of children under the age of 5.

To work against malnutrition ISD started an innovative initiative Parvarish Kendra supported by tata motors csr funding in slum of Rudrapur. 25 SAM children registered in parvarish Kendra for improving the nutritional intake and capacity building of their mother on health, hygiene and nutrition. SAM children came at parvarish Kendra every working day for three hours and eat three meals at the center. Anganwadi worker and helper cooked and served boiled egg, mung dal khichadi and jaggary mix milk after one hour interval to the SAM children. Children eat every meal happily with their friends at center. Their mother learn better caring and parenting by the team members. Daily weight measurement help to see the weight growth among children. Parvarish Kendra implemented for four month. Children learn to eat supplementary food and mothers learn nutritive and hygienic habits for parenting.



ISD organized community based events for caretaker of underweight children. Poshan kit (Mung dal Khichadi, raisin, and antiseptic soap) distributed to SAM and near to SAM children registered in anganwadi centers. Monthly 350 poshan kits were distributed for six months, counseling and regular weight measurement observed by the nearest anganwadi center. ISD organized workshops on nutritional demands of children for caretakers of under 5 years and other stakeholder engaged in the program. Monthly health check up camp organized for children registered in AWC. Capacity building training organized for stakeholders.

### **B.(ii) Health Awareness**

ISD organized awareness sessions on seasonal and water borne disease. and Project focused on pregnant women, lactating mothers, adolescent girls, SAM and MAM children. Health awareness sessions conducted in Govt. schools and Angawadi centers in the target areas. Major goal of the project is to ensure sustainable health and nutrition for women and children. Awareness session conducted on personal hygiene, menstrual hygiene, locally available low cost nutritious food and food products, Immunization, Exclusive breast feeding, supplementary food for 7 months and above children, water borne diseases, etc. Hb testing camps were organized in schools and



health and wellness centers in the selected project areas. Counseling were carried out as per the Hb report. Swasthya evam Swachhata Prahari Samiti formed by the organization and capacity building training imparted to the members of SSPS. The roles of these members are to be aware about healthy habits for human being and for environment. Sensitized to follow the healthy habits while cooking, serving and eating foodsor snacks.

### **B (iii) Health Check up Camps**

Outreach health check up camp were organised for underweight children and rural communities. Health screenings were done by the medical experts and high risk pregnancies, Hypertension, cardiac patients and critical cases were referred to the higher govt centres. Blood sugar, Hb testing services provided and free medicines were given to the patients. Camps organised in tribal areas for community, bus,taxi,tempo union for drivers.

## **2. Education Initiatives**

Vidyadhanam project supported by Tata Motrs Ltd. Pantanagr and implemented by Institute of Social development (ISD), Kichha, Udham Singh Nagar in 12 govt. high schools and inter colleges and in one govt. aided School. Special coaching project implemented in SGNIG Rudrapur, GGIC Fazalpur Maharoula, GHS Nagla, Shantipuri. Five coaching teachers appointed to teach English, Math and Science to 420 students. Scholarship project implemented in GGIC Fazalpur Maharoula, Sri Gurunanak Girls Inter College, Rudrapur, GGIC Pantnagar, GHS Shantipuri, GHS Nagla, A.N.Jha Inter college Rudrapur. Students were selected after written test and viva. ISD and TML team jointly selected 250 students for Scholarship. Students paid rupees six hundred per month up to six months in their personal saving account. Study kit material, School bag, Note books-3, given to the meritorious students. Extracurricular activities, essay writing and poster making competition, rally, etc. organized in these schools. Special coaching and scholarship project not only help to improve academic results but also enhance their personality.



### **Extracurricular activities-**

- Felicitated students those were meritorious and actively participated in sports and other extracurricular activities.

### **Scholarship distribution**

250 students were selected for scholarship after written examination and Viva. Six hundred rupees per month up to six months transferred in their personal accounts.

### **Coaching classes**

Special coaching classes were conducted in SGNIG Rudrapur, GHS Nagla and Ramjeevan pur, GGIC Fazalpur and GHS Shantipuri. Coaching teachers appointed to teach English, Maths, and Science to 797 students. TAAP criteria followed in the student's selection. Tests were taken every month by coaching teacher and oral test were taken by ISD and TML team members. Online coaching classes of Maths, science and SST for the students. There were 6 classes were taken in a week. Students were appreciated the online classes and they were saved upto Rs.2000 per month by joined online classes.



### School Infrastructure

200 set school furnitures and 86 green boards handover to the principals of govt. selected schools. Toilet construction and school building renovation done in GIC Bara, Model GGIC Pantnagar, GIC Audali and GGIC Bazpur.

### 3. Agriculture and Allied Activities

Pahsaini, Kalyanpur, Bamanpuri, Vidora Majhola and Kulha villages selected for agriculture and allied activities. Wormi composting, Mushroom growing, Bakery and Bee Keeping training provided to the farmers and SHG members of these villages. 250 farmers oriented on farming techniques and handicrafts making training. Marketing supports provided to the farmers and shg members. Products such as bent and munj crafts, haladi, garlic and spices demonstrated at Stalls organised by GBPUA&T Pantnagar,

Tata Motors, and other agencies in Pantnagar, Rudrapur and Dehradun. Farmers Producer Organization (FPO) supported in accessing credit linkages services offered by the bankers.



### 4. Skill Development Training

#### Skill Development Training (Motor Driving and Motor Mechanique, Beauty Parlor and Fashion Designing, Mushroom growing, Dhoop and candle making)

##### Skill

##### Development

Training organized by ISD with the financial support of TATA Motors Ltd. Pantnagar. Fashion designing training center



developed at community bhawan Khera and more than 400 women get trained. Motor Driving training imparted to 80 and motor mechanic to 25 unemployed youths

Jute bag making and food processing skill

development training imparted to 25 women in Dopahariya village of udham singh nagar and 25 in Sarna village of Nainital with the financial assistance of zilla udyog Kendra



Udham Singh Nagar and Nainital. This course was completed in 21 days. Bakery training

organized for 60 unemployed women from minority community of Darau village in udham singh nagar under mukhyamantri hunar yojana of alp sankhyak kalyan evam waqf vikas nigam Dehradun.

### **Domestic Data Entry Course (under DDUGKY)**

ISD selected as a Project Implementing partner for Pt. Deen Dayal Upadhyay Gramin KoushalyaYojana(DDUGKY) by theRural Development Department, Uttarakhand. 160 unemployed youths from Nainital, Udham Singh Nagar, Champawat and Pithoragarh were selected and imparted training for six months after evaluation more than 80% traineeswere placed.

### **5 .Self Help Group Empowerment**

Capacity building sessions organized by ISD for empowerment of self help group members in Rudrapur block and sitarganj block of Udham Singh Nagar. 120 SHGs were trained on record keeping, bank linkages and on entrepreneurship development. SHGs members were insured by banks and other insurance companies. Most of the SHG members started income generation activities and increased their income. SHGs were linked to banks for credit linkages.

### **EnvironmentalSensitization and Tree Plantation**

Clean and green environment is the need of every human being. Trees not only gives oxygen but it fulfills our day today needs, provide shelter for God creations. Prevent from soil erosion and ultimately help in water conservation. ISD organized awareness activities for students and community and tried to sensitize about water saving and conservation need of planting trees, leave the habit to use single use plastics. 5000 saplings planted in tribal villages and in schools. 6000 lives touched and oriented on



facts and effects of environmental pollution. Solid waste management campaign organized in the 20 villages of Rudrapur and Khatima block of Udham Singh Nagar of Uttarakhand.

Paryavaran Praharis in ten villages selected and oriented on

the measures for environment conservation.

### **6.Drinking Water Project (Har Ghar Jal)**

ISD selected as an implementing support agency for Jal Jeevan Mission project in Udham Singh Nagar. Water testing training to the members of self help group, Household survey, VWSC formation and orientation and community action plan prepared jointly by VWSC and ISD. Community awareness sessions held on Safe drinking water and its prevention from contamination in 46 villages of Khatima, Rudrapur and Gadarpur blocks of Udham Singh Nagar.



## **Collaborations**

**Our work is made possible through financial partnerships and individual donations. We thank all our donors for their continued support. We gratefully acknowledge support from:**

- a. Uttarakhand State AIDS Control Society
- b. Department of Health & Family Welfare, Govt. of India
- c. Department of Women Empowerment and Child Development, Uttarakhand
- d. Minority Welfare and Wakf Development Corporation
- e. Ministry of Minority Affairs, Govt. of INDIA
- f. TATA Motors Limited, Pantnagar
- g. Uttarakhand Peyjal Nigam Khatima and Rudrapur
- h. Zila Udyog Kendra Udham Singh Nagar and Nainital
- i. Department of Rural development, Uttarakhand

